

Peshtigo Fitness Challenge 2014 Application



Name: _____

Address: _____

City/State/Zip: _____

Phone Number: _____

Approximate Age: _____

Having read the information sheet on the Peshtigo Fitness Challenge, I am setting the following goals for the entire summer of 2014 (June 1 to August 31):

	Number of Miles (goal)
Running/Walking—(26.2 miles in a Triathlon):	
Bicycling—(112 miles in a Triathlon):	
Swimming—(2.4 miles in a Triathlon):	

WAIVER RELEASE FOR PARTICIPATION: In consideration of the acceptance of my entry (or my child), I do on behalf of myself (or my child) waive and release any and all rights and claims for damages I (or my child) may have against the City of Peshtigo and its representatives, employees or agents for any and all injuries suffered by myself (or my child) at any activity sponsored by the Parks and Recreation.



(Signature)

(Detach here. Retain this lower section for your records, memory and inspiration.)

Name: _____

	Number of Miles (goal)
Running/Walking—(26.2 miles in a Triathlon):	
Bicycling—(112 miles in a Triathlon):	
Swimming—(2.4 miles in a Triathlon):	

The Parks and Rec Department will maintain charts and online spreadsheets documenting everyone's progress. Participants are encouraged to call in weekly (preferably on Mondays) to update their distance totals. The phone number is 715-582-3041, ask for Rita. Her hours are 8 AM to Noon and 1 to 5 PM, Monday through Friday. Preferred way to submit updates would be to email them to peshtigoparknrec@gmail.com. Submit your name, the type of activity (walk/run, bike, swim) and your weekly total.

The online spreadsheet will be seen at the Park and Rec page on the City website. Look for "Challenge Chart."